



EPIDEMIOLOGY AND OUTCOME OF HOSPITAL-ACQUIRED AND VENTILATOR-ASSOCIATED PNEUMONIA AT THE PHILIPPINE GENERAL HOSPITAL CENTRAL INTENSIVE CARE UNIT

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Introduction

- Hospital acquired pneumonia (HAP)
 - Second most common nosocomial infection leading to increased morbidity and mortality





Introduction

- Philippine General Hospital
 - Incidence of nosocomial pneumonia in different ICUs is **28%**

Berba, et al. Incidence, risk factors, and outcome of HAP in critically ill patients at the Philippine General Hospital. Philippine Journal of Microbiology and Infectious Dis. 1999





Introduction

- Intubated patients
 - Have a 6 to 21-fold increased risk for ventilator-associated pneumonia (VAP)
- VAP
 - Refers to pneumonia in patients on mechanical ventilator after 48 hours of intubation





Introduction

- Bronchoscopic sampling
 - Is still the best diagnostic technique to determine the etiology of HAP/VAP
- Quantitative culture
 - Growth of at least 10^{5-6} colony forming units/mL

Fagon, et al. Invasive & noninvasive strategies for management of suspected VAP. Ann Intern Med. 2000





Introduction

- **ATS/IDSA Guidelines for the Management of Adults with HAP, VAP and HCAP**
 - Recommends the selection of initial empiric therapy based on local patterns of antibiotic resistance





Introduction

- Philippine General Hospital
 - Quantitative cultures are not routinely done due to lack of funds
 - Choice of antibiotics are based on clinical parameters and semiquantitative cultures





Objectives

- To determine the common pathogens causing nosocomial pneumonia
- To determine the outcome of patients with nosocomial pneumonia
- To determine the attitudes of physicians on antibiotic use given the results of semiquantitative cultures of respiratory specimens





Methodology

- Cross-sectional cohort study
- Adult patients admitted at the central ICU between May 1, 2006 and July 31, 2006





Results

Age	≤ 30	7% (n=3)
	30-50	14% (n=6)
	50-60	14% (n=6)
	>60	64% (n=27)
Sex	Male	59.5% (n=25)
	Female	40.5% (n=17)
Reason for admission	Stroke	38% (n=16)
	Malignancy	12% (n=5)
	CAD	10% (n=4)
	COPD	10% (n=4)





Results

- Most common isolated organisms
 - *Pseudomonas aeruginosa* (43%, n=18)
 - *Klebsiella pneumoniae* (24%, n=10)
 - *Acinetobacter baumannii* (17%, n=7)





Results

■ *Pseudomonas aeruginosa*

– Resistant to:

- Carbapenems (50%)
- Cephalosporins (44%)
- Piperacillin-Tazobactam (33%)
- Aminoglycosides (22%)
- Quinolones (22%)





Results

■ *Klebsiella pneumoniae*

– Resistant to:

- Quinolones (40%)
- Ampicillin-Sulbactam (20%)
- Cephalosporins (20%)
- Carbapenems (20%)





Results

■ *Acinetobacter baumannii*

– Resistant to:

- Macrolides (43%)
- Cephalosporins (28.5%)
- Carbapenems (28.5%)
- Piperacillin-Tazobactam (28%)
- Quinolones (28%)





Results

- 76% of patients
 - Received culture-guided treatment
- Most common antibiotics used empirically
 - Piperacillin-Tazobactam
 - Cefepime
 - Meropenem





Results

- Resolution of pneumonia
 - Culture-guided group (91%)
 - Non culture-guided group (75%)
- Mortality
 - Culture-guided group (10%)
 - Non culture-guided group (28.5%)
- ICU stay
 - Culture-guided group (23 days)
 - Non culture-guided group (31 days)





Discussion

- Hospital Infection Control Unit (HICU) in Philippine General Hospital
 - Most common pathogen isolated from respiratory specimens
 - Pseudomonas aeruginosa
 - Acinetobacter baumannii
 - Klebsiella pneumoniae
 - Recommended empiric antibiotic
 - Cefepime
 - Ceftazidime
 - Piperacillin-Tazobactam





Conclusion

- There was a trend toward a better resolution of infection, lower mortality rate and shorter ICU stay in culture-guided patients
- Culture & susceptibility testing should be done early
- All institutions should have their own Infection Control Unit to promote proper antibiotic use and improve antibiotic resistance surveillance





TERIMA KASIH!



Philippine General Hospital

